


NAME: _____

DATE: _____

SCORE: _____ /50

A  Listen to the conversation between two friends, John and Heather. Then read the questions and choose the correct answer.

- 1 What is Heather doing?
 - A She is shopping for lots of different things in the mall.
 - B She is shopping for food in the market.
 - C She is shopping for food in the mall.
- 2 Heather doesn't want to buy meat because
 - A she isn't at the market.
 - B she doesn't have a barbecue.
 - C her friend doesn't eat meat.
- 3 How does John react to the news about Gina?
 - A He is not surprised.
 - B He thinks he's old-fashioned because he still likes meat.
 - C He says it's just a fad.
- 4 What dish does John suggest that Heather makes?
 - A a stir fry of vegetables and fish made in a wok
 - B fried vegetables and fish
 - C a vegetable and fish curry
- 5 What are the instructions he gives for the meal?
 - A Start with vegetables then add garlic, oil, and finally fish.
 - B Start with vegetables then add garlic, ginger, and finally fish.
 - C Start with fish and then add vegetables, garlic, and red pepper.

_____ / 10 (2 points each)

B Circle the correct answer.

EXAMPLE: Last year designer food was trendy / *out of style*, but now restaurants promote zero waste.

- 1 People think print newspapers are on the way out because online news has *gained interest* / *lost popularity* among readers.
- 2 I remember when telephones had a round dial. Now those are *old-fashioned* / *all the rage*.
- 3 Right now, jeans with a lot of holes are *on the way out* / *fashionable*. I see people in them all the time.
- 4 Nowadays most people download or stream music, so record stores are *on the way out* / *gaining interest*.
- 5 Apparently people prefer to exercise outside more and are *losing interest* / *gaining interest* in gyms.
- 6 Han weddings are *coming back in style* / *losing interest* in China. More people are choosing this kind of traditional wedding.
- 7 Some people say gluten-free food is *trendy* / *old-fashioned*, because everyone is talking about it at the moment. I'm not sure.

_____ / 7 (1 point each)

C Complete the sentences. Use eight words from the box.

add barbecue boil chop eggplant fry garlic rinse mix stir

How to make a Spanish omelet

First, take some potatoes and rinse them under cold water to clean the skins.

Next, ¹_____ the clean potatoes into thin pieces. You can also add onion and ²_____, to give it more flavor.

Then ³_____ the pieces of potato in hot oil. Alternatively, you can ⁴_____ the potatoes in water, but the taste isn't the same.

Then ⁵_____ together 3 or 4 eggs in a bowl.

When the potatoes are cooked, remove them from the oil, drain them, and ⁶_____ them to the egg mixture.

⁷_____ the egg and potato mixture well. Add salt and pepper and pour into a hot frying pan.

For variety, use pieces of ⁸_____ instead of the potato in your omelet.

_____ / 8 (1 point each)

D Complete the sentences with the correct form of the verbs in parentheses ().

EXAMPLE If you go (go) to a Chinese restaurant, you will get (get) Chinese food.

- 1 If you _____ (be) sensitive to gluten, _____ (not/eat) this bread.
- 2 If you _____ (not/buy) gluten-free food, your allergy _____ (get worse).
- 3 If you _____ (eat) in a Japanese restaurant, you can usually _____ (order) sushi.
- 4 If you _____ (not/finish) the ice cream, I _____ (eat) it!
- 5 _____ (not/ask) for dessert if you _____ (not/be) hungry.
- 6 If you _____ (like) curry, you _____ (love) this dish.
- 7 If you _____ (want) to lose weight, then _____ (eat) more healthily.
- 8 If you _____ (finish) all those cakes, you _____ (not/lose) so much weight.

_____ / 8 (1 point each)

E Choose the correct answer.

EXAMPLE: Add the onion _____ you add the meat because it takes longer to cook.

- A when
- B after
- ☒ C before

- 1 Cook the rice _____ all the water has boiled away. Then it is ready.

- A until
- B after
- C as soon as

- 2 _____ you take the cake out from the oven, leave it to cool for an hour.

- A Before
- B Until
- C After

- 3 Don't worry. _____ I hear from Manolo, I'll tell you.

- A Before
- B As soon as
- C Until

- 4 I'll wait to order dessert _____ you've finished your meal.

- A until
- B before
- C as soon as

- 5 Your father will start making dinner _____ he gets home.

- A until
- B before
- C after

- 6 _____ I finish my lunch, I'll help you with your homework.

- A When
- B Before
- C Until

- 7 The TV program starts at 8:00, so let's have dinner at 7:00 _____ it starts.

- A when
- B before
- C as soon as

_____ / 7 (1 point each)

F Read the blog post. Circle *True* or *False* for each statement.

Cooking made easy!

So, you've packed your bags, you've left home, and you're now a college student. But do you know how to cook? If not, don't panic! Here are some simple tips to help you along the way.

- 1 If you want to stay healthy, you need to eat a lot of fruit and vegetables. If you cook with a variety of fruit and vegetables, then your diet will be more balanced and healthier.
- 2 Don't throw away old fruit. If you have fruit that is a few days old, then mix the fruit together and add yogurt or milk. This is a simple way to make a smoothie with a great flavor. After you make this the first time, you'll know how easy it is.
- 3 Bananas are a great source of vitamins. If you have old bananas, you can make banana bread. It isn't complicated to make. After you practice a few times, you'll know how to make a great snack.
- 4 When you boil vegetables for too long, they lose vitamins. Don't boil vegetables like cabbage for more than a few minutes.
- 5 Don't fry food too often. It isn't healthy, especially if you use butter. Also, it smells! You might lose popularity with your friends if you fry food often!
- 6 If you make a salad, always rinse the ingredients first.
- 7 Pasta is a simple dish. Simply boil the pasta, drain it, and then mix with a jar of sauce.
- 8 Some of the old-fashioned recipes are the best. If your family has recipes to share, use them! Traditional food is coming back in style. You might become the trendiest person in college!

- | | |
|---|--------------|
| 1 Fried food can be unhealthy and cause a smell. | True / False |
| 2 Pasta is an easy dish to make. | True / False |
| 3 The writer thinks traditional dishes are a thing of the past. | True / False |
| 4 The writer gives suggestions for two ways to use bananas. | True / False |
| 5 The writer says that boiling food is healthy. | True / False |

_____ / 10 (2 points each)